Volleyball

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Have you ever played volleyball? Volleyball is a fun team sport. It is played all around the world. The game is played in different ways. It is important to know that volleyball has many rules, there are many different roles and positions for players, and volleyball has been around for over 100 years.

There are many rules on the court. Each team can hit the ball up to three times before the ball is returned over the net. There are three ways to hit the ball, bump, set, or spike. You cannot hit the ball 2 times in row. There are two sides on the court and there are six positions on both sides of the court. Minimum of two players and maximum of six people on the court. If the ball goes out or hits the floor on team A’s side of the court. team B will get the point.

There are many roles on the court such as the setter, the Setter usually gets the second ball in a game. Another role on the court is a Libero, the libero can get the 1st, 2nd or 3rd ball just the libero has to stay in the back row of the court the libero cannot go in the front row. There is one left front hitter, right side hitter, and middle hitter. Left front hitter, says Four to call for the ball, middle hitter says two to call the ball and right-side hitter says 8 to call the ball. Every position has a number all the way to six and each position has a name like left back or middle front.

Volleyball has been around over 100 years, Volleyball was invented on February 9, 1895 by William G. Morgan. Originally the game was called mintonette. In 1896 the game mintonette name changed to volleyball. In 1895 the ball used to be made out of latex bladder, latex bladder is like a bicycle tire. Today volleyballs are made out of leather. The first ever volleyball game was at Springfield College, the game was played outside. Volleyball was first a men’s sport (YMCA) young men’s Christian Association, in 1947 girls started playing volleyball (FIVB) Federation International Volley-Ball.

Anyone can play volleyball. Volleyball is very fun! It might seem overwhelming, because there are many roles and rules, but you can play whether you are short or tall, male or female, old or young. Just get a bouncy ball and start playing volleyball on a court. Remember you can play anywhere!